

**Addiscombe Cycling Club**

**Open 10 mile Time Trial**

**For the Arthur Rayner Trophy**

*(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)*

14:00 Saturday July 25th 2020 – Course **G10/42**

**PLEASE NOTE ADDITIONAL COVID RELATED REQUIREMENTS NOTED BELOW**

**Event Record:** 19:40 Adam Bidwell (Kingston Wheelers CC) 2019 @ 30.6 Mph

**HQ:** St. Johns Primary School

Goodwyns Rd, Dorking, RH4 2LS

**Promoter Name:** Jonathan Pontin

**Address:** 6 Hurst Way, South Croydon, CR2 7AP
 **Tel:** 0773 267 4317
 **Email:**  timetrials@addiscombe.org

**Timekeepers:** Paul Tunnell and Tim Coles (Addiscombe CC)

**Course Details:**

|  |  |  |
| --- | --- | --- |
| OS Ref | Details | Distance |
| 167469  | START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24Proceed to A24 where LEFT (care). Proceed South | 0.0 |
| 177428 | Take 2nd exit at Beare Green roundabout and follow Capel bypass (A24) | 2.67 |
| 171397 | TURN Take 5th exit on Clark’s Green roundabout (check) | 4.91 |
| 177428 | Take 2nd exit straight on at Beare Green Roundabout | 7.15 |
| 166472 | FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout | 10.00 |

**Live timings:** To check live timings please use this link, pass to family and friends if required.

<https://www.hundredthidiot.co.uk/tt/public/results/6>

**COVID Specific Requirements**

* A full CTT Risk Asessment can be found at the following location (<https://www.cyclingtimetrials.org.uk/documents/download/7836>), riders should familiarise themselves with the document and any riders displaying covid symptoms must not attend this event
* The HQ has been provided for parking and toilet purposes only. There will be no changing facilities (and no changing in the toilets).
* Rides cannot turn up to the HQ more than 40 minutes before their allotted start time
* Riders must maintain social distancing (2 meters) at all times while at the event
* Riders must leave promptly one they have completed their race, no hanging around and chatting in the car park
* Riders should not turn up to the start area more than 5 minutes before their start time
* There will be no pusher, riders must keep one foot on the ground until they are told by the timekeeper to start (no track stands)

**SAFETY INSTRUCTIONS**

* A new CTT Rule – A rear light must be in place and functioning – no light, no ride
* Competitors are requested not to warm up on the course after the first competitor has started.
* Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
* Competitors must exercise extra care when negotiating all roundabouts.
* No times will be given at the finish.
* CTT regulations require the compulsory use of helmets for the under 18’s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
* Competitor’s machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
* Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.

**HEADS UP, RIDE SAFELY!**

**Prizes**

Scratch: 1st £200 2nd £120 3rd £80

Lady’s: 1st £100 2nd 60 3rd 40
Veterans: 1st £100 2nd £60 3rd £40

Junior/Juvenile 1st 35 2nd 25 3rd 15

Team: 1st £60

For final results and prizes check:

[https://www.hundredthidiot.co.uk/tt/public/results/6](https://www.hundredthidiot.co.uk/tt/public/results/3)

**Notes on prizes:**

* One prize per rider except for the Team prize the highest value prize being paid.
* A Team is the fastest 3 riders from a single club / team.
* No prizes will be distributed at the event, the organiser will contact winners to confirm bank details

**Start sheet page 1:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Start No. | Start time | First name | Last name | Club | Gender | Category |
| 1 | 14:01 | James | Leach | Imperial Racing Team | Male | Senior |
| 2 | 14:02 | Daniel | Lloyd | VC de Londres | Male | Juvenile |
| 3 | 14:03 | Carys | Lloyd | VC de Londres | Female | Juvenile |
| 4 | 14:04 | Jack | Hartrey | Kingston Wheelers CC | Male | Juvenile |
| 5 | 14:05 | Phoebe  | Roche | WXC World Racing | Female | Juvenile |
| 6 | 14:06 | Isabel | Sharp | Estrella Bikes | Female | Juvenile |
| 7 | 14:07 | Harry | Ives | trainSharp Development Team  | Male | Junior |
| 8 | 14:08 | Charlotte | McGreevy | Liv AWOL | Female | Junior |
| 9 | 14:09 | Amber  | Junker Brameld  | VC de Londres | Female | Junior |
| 10 | 14:10 | Lukas | Nerurkar | VC de Londres | Male | Junior |
| 11 | 14:11 | Emma | Keiller | Tofauti Everyone Active | Female | Junior |
| 12 | 14:12 | Flora | Perkins | VC de Londres | Female | Junior |
| 13 | 14:13 | Hilary | Walker | Serpentine Running Club | Female | Veteran |
| 14 | 14:14 | Ewan | Mitchell | Optima Racing Team | Male | Senior |
| 15 | 14:15 | Stephen | Wilkinson | TWB - On Time Race Team  | Male | Veteran |
| 16 | 14:16 | Tracy | Wilkinson-Begg | TWB - On Time Race Team  | Female | Veteran |
| 17 | 14:17 | James | Seymour | Epsom CC | Male | Senior |
| 18 | 14:18 | Sam | Dix | trainSharp | Male | Veteran |
| 19 | 14:19 | John | Franklin | Twickenham CC | Male | Senior |
| 20 | 14:20 | Dale | Lush  | Kingston Phoenix RC | Male | Veteran |
| 21 | 14:21 | Rachel | Coe-O'Brien | South London Harriers | Female | Senior |
| 22 | 14:22 | Maria | David | Serpentine Running Club | Female | Veteran |
| 23 | 14:23 | Jonathan | Gough | Old Portlians CC | Male | Veteran |
| 24 | 14:24 | Jennifer | Clark | Windrush Triathlon Club | Female | Senior |
| 25 | 14:25 | Jennifer | George | MEMORIAL - SANTOS | Female | Senior |
| 26 | 14:26 | Eva | Zsigoova | ...a3crg | Female | Senior |
| 27 | 14:27 | Ian | Newbold | Worthing Excelsior CC | Male | Veteran |
| 28 | 14:28 | Stuart | Hourigan | 34 Nomads CC | Male | Veteran |
| 29 | 14:29 | Jim | Burdett | Addiscombe CC | Male | Veteran |
| 30 | 14:30 | Alice | Lethbridge  | DRAG2ZERO | Female | Senior |
| 31 | 14:31 | Charlotte | Hyde | Pearson Cycling Club | Female | Senior |
| 32 | 14:32 | Rhiannon | Northeast | Optima Racing Team | Female | Senior |
| 33 | 14:33 | Robert | Gilmour | Hounslow & District Whs | Male | Veteran |
| 34 | 14:34 | Christopher, | Rosam | Epsom CC | Male | Veteran |
| 35 | 14:35 | Angela | Carpenter | ...a3crg | Female | Veteran |
| 36 | 14:36 | Judah | Rand | Kingston Wheelers CC | Male | Senior |
| 37 | 14:37 | Nigel | Langridge | Crawley Wheelers | Male | Veteran |
| 38 | 14:38 | Jason | Hunter | Pearson Cycling Club | Male | Veteran |
| 39 | 14:39 | Colin | Barton | Worthing Excelsior CC | Male | Veteran |
| 40 | 14:40 | Ben  | Elliott  | C and N Cycles RT | Male | Senior |
| 41 | 14:41 | Patrick | O'Brien | South London Harriers | Male | Veteran |
| 42 | 14:42 | Rosslyn | Young | Serpentine Running Club | Female | Veteran |
| 43 | 14:43 | Daniel | Quinn | South London Harriers | Male | Veteran |
| 44 | 14:44 | Steve | McMenamin | Crawley Wheelers | Male | Veteran |
| 45 | 14:45 | Edward | Hales | London Dynamo | Male | Veteran |
| 46 | 14:46 | Gavin | Hughes | Kingston Phoenix RC | Male | Veteran |
| 47 | 14:47 | Tom | Cosgrove | VTTA (London & Home Counties) | Male | Veteran |
| 48 | 14:48 | David | Marshall | Hemel Hempstead CC | Male | Veteran |
| 49 | 14:49 | Colin | Harrison | East Grinstead CC (Merlin Cycle Coaching) | Male | Veteran |
| 50 | 14:50 | Nicholas | Fennell | Thanet RC | Male | Senior |
| 51 | 14:51 | Carolyn | McNamara | South London Harriers | Female | Veteran |
| 52 | 14:52 | James | Pearce | Cranleigh Cycling Club | Male | Veteran |
| 53 | 14:53 | Tobias | Nilsson | Pearson Cycling Club | Male | Senior |
| 54 | 14:54 | Jamie | Freeland | South London Harriers | Male | Veteran |
| 55 | 14:55 | Mark | Baker | Abellio - SFA Racing Team | Male | Veteran |
| 56 | 14:56 | Russell | Thorne-Jones | Crawley Wheelers | Male | Veteran |
| 57 | 14:57 | Simon | Smythe | Norwood Paragon CC | Male | Veteran |
| 58 | 14:58 | David | Bagdan | Oxonian CC | Male | Senior |
| 59 | 14:59 | Ian | Bray | Addiscombe CC | Male | Senior |
| 60 | 15:00 | Tim | Lynch | London Dynamo | Male | Senior |
| 61 | 15:01 | Jan | Farmer | Serpentine Running Club | Female | Veteran |
| 62 | 15:02 | Nick | McNamara | South London Harriers | Male | Veteran |
| 63 | 15:03 | Martin | Yardley | Southborough & Dist. Whs | Male | Veteran |
| 64 | 15:04 | Robert | Royle-Evatt | Addiscombe CC | Male | Veteran |
| 65 | 15:05 | Andy | Critchlow | Norwood Paragon CC | Male | Veteran |
| 66 | 15:06 | Ross | Vart | VTTA (Surrey/ Sussex) | Male | Veteran |
| 67 | 15:07 | Michael | Gates | C and N Cycles RT | Male | Senior |
| 68 | 15:08 | Chris | Beales | Pearson Cycling Club | Male | Veteran |
| 69 | 15:09 | Scott | Leeson | London Dynamo | Male | Senior |
| 70 | 15:10 | Liam | Maybank | Twickenham CC | Male | Veteran |
| 71 | 15:11 | Joel | Evans | Hargroves Cycles CC | Male | Senior |
| 72 | 15:12 | Stuart | Mitchell | Windrush Triathlon Club | Male | Senior |
| 73 | 15:13 | Peter | Horsfield | Redmon CC | Male | Veteran |
| 74 | 15:14 | Lenka | Vackova | Rapha Cycling Club | Female | Senior |
| 75 | 15:15 | Mark | Newton | Elite Cycling | Male | Veteran |
| 76 | 15:16 | Simon | Pontin | Addiscombe CC | Male | Senior |
| 77 | 15:17 | Mark | Thomas | Bigfoot CC | Male | Veteran |
| 78 | 15:18 | Richard | Llewellyn | Imperial Racing Team | Male | Veteran |
| 79 | 15:19 | Stefan | Gloyn | Army Cycling | Male | Senior |
| 80 | 15:20 | Kevin | Tye | VeloRefined Rule 5 | Male | Veteran |
| 81 | 15:21 | Peter | Longworth | South London Harriers | Male | Veteran |
| 82 | 15:22 | Olivia | Matthews | Clapham Chasers | Female | Senior |
| 83 | 15:23 | Brian | Jones | Horsham Cycling | Male | Veteran |
| 84 | 15:24 | Mark | Cawood | Addiscombe CC | Male | Veteran |
| 85 | 15:25 | Aron | Kelly | New Forest CC | Male | Senior |
| 86 | 15:26 | Craig | Wilson | Meudon Pedal Heaven Le Col RT | Male | Veteran |
| 87 | 15:27 | Moustafa | Fawzy | Paceline RT | Male | Veteran |
| 88 | 15:28 | Simon | Trehearn | Kingston Phoenix RC | Male | Veteran |
| 89 | 15:29 | Paul | Smith | VeloRefined Rule 5 | Male | Veteran |
| 90 | 15:30 | Paul | Burton | Paceline RT | Male | Senior |
| 91 | 15:31 | Malc | Duncan | Metropolitan Police Cycle Club | Male | Veteran |
| 92 | 15:32 | Molly | Savill | Albarosa CC | Female | Senior |
| 93 | 15:33 | Sophie | Driscoll | Thanet RC | Female | Senior |
| 94 | 15:34 | David | Prom | San Fairy Ann CC | Male | Veteran |
| 95 | 15:35 | Grant | Woodthorpe | Twickenham CC | Male | Veteran |
| 96 | 15:36 | Mike | Boyce | ...a3crg | Male | Veteran |
| 97 | 15:37 | Richard | Payn | 34 Nomads CC | Male | Veteran |
| 98 | 15:38 | Ione | Johnson | Team LDN | Female | Senior |
| 99 | 15:39 | Ragnar | Laan | Twickenham CC | Male | Veteran |
| 100 | 15:40 | Ryan  | Christensen  | HuntBikeWheels.com | Male | Senior |

**Maps**

****





**NUMBERS MUST BE FIXED BELOW WAIST**

 

**NO TIME MAY BE RECORDED IF NUMBER IS NOT CORRECTLY POSITIONED.**